

Challenges of the Future in Paediatric Rehabilitation: diversity and inclusion

November, 2025 - February, 2026

Setúbal, Portugal



SAUDE

POLITÉCNICO SETÚBAL
SCHOOL · POLYTECHNIC UNIVERSITY



Erasmus+

EU programme for education, training, youth and sport

Partners

- Artevelde hogeschool Ghent / University of Gent, Belgium
- Western Norway University of Applied Sciences, Bergen, Norway
- Oulu University of Applied Sciences, Finland
- Lithuanian University of Health Sciences, Kaunas, Lithuania
- Health School, Polytechnic University, Portugal





Virtual Component Description

Online Program (33 hrs.)

Kick-off (2 h)

Autonomous work (15 h) to explore the 6 cases and the related material before the international group work.

Work (7 h) with the international group to discuss and summarize each one of the two cases. Choose 2 related topics and explain why they find them an added value for the cases. The group must organize at least two group meetings to discuss this work and publish it in Teams, before the end of January.

work (9 h) with the national group to look for information on the national health and educational system resources for children and families. A presentation of power point (max. 6 slides) must be published on Teams before 31st January and presented during the face-to-face week in Setúbal. The group must have 1 meeting with your national teacher (can be online) before handing in the presentation.

Objectives and Description

Extending an exchange of expertise

The students will experience issues of Paediatric Rehabilitation from the perspective of other countries and cultures, particularly those countries within the European Union. It is the purpose to develop and exchange expertise, especially on the rehabilitation of children and inclusion in society.

Interdisciplinary work

The course focuses on interdisciplinary work. More professionalism and teamwork are becoming particularly important. One of the main assumptions in this project is the use of an interdisciplinary approach that reflects on cooperation between the different professions in health care. In this way the module is not only focussing on the exchange of information, but also on teamwork in mixed interdisciplinary teams. Students and staff will especially appreciate this approach as valuable.





International dimension

This module on Paediatric Rehabilitation reflects the specific aims of the partners in extending the internationalisation of students' understanding in this area. The program has an international dimension aimed at broadening the knowledge of students beyond that, which is to be gained from the academic program in their home country.

It offers students the possibility to meet other students (on-line and face-to-face) from different countries and to exchange ideas in different professional fields within health care.

Intercultural dimension

The students will foster a mutual respect for the views of others, through questioning stereotypes on professions and cultures, and make sound judgements based on reliable information.

Blended learning

The online start of the course will allow self-directed and cooperative learning, followed by the module in Setubal where students will have maximal opportunity for cooperative learning.

Student Learning Outcomes

At the end of the course the STUDENT should demonstrate:

- Advanced Knowledge and understanding of the various aspects of early childhood development.
- Advanced knowledge and understanding of common clinical Paediatric conditions.
- Ability to create innovative and socially adequate responses to specific health problems of specific children.
- Ability to plan client focused strategies.
- In-depth reflection of their learning experience.
- Strategies to transfer this learning experience into their own reality.
- Strategies to work on and off-line in an international setting.
- In-depth reflection on similarities and differences in health and educational systems in Europe.



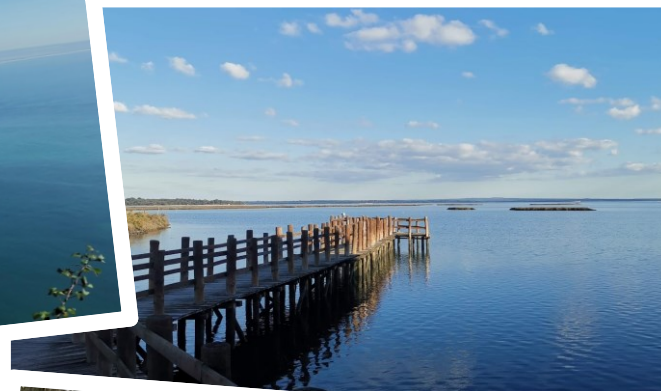


Institutional outcomes

A stronger relationship between partners.
Enhanced Inter-disciplinary competences.
Enhanced linguistic skills in the use of English as a working language.
Enhanced Intercultural competences.
Increased internationalization opportunities for students.
Increased competences in blended working.

TEACHING & LEARNING STRATEGIES

This course will be using the case-based learning strategy.
To complete the framework, there will be keynotes focusing on understanding the clinical framework and main strategies for assessment, and there will be workshops. In addition, tutorials to follow up and develop the intervention strategy for each case will take place.



Course Coordinator:

Aldina Lucena – aldina.lucena@ess.ips.pt

Online activities:

November 5th, 2025 - January 31, 2026

Face-to-face activities:

2nd February - 7th February, 2026

Location:

Health School, Polytechnic University, Setúbal, Portugal

3 ECTS

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Instituto Politécnico de Setúbal
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